



Saturday 29 February 2020
Brugge Boat Race Cup

1:30pm – Heat 1 : Senior, Students and Junior Boat Race
coxed eights (8+) – side-by-side

3:30pm – Heat 2 : Master, Recreational and Mixed – Handicap Boat Race
coxed eights (8+) – side-by-side start
Open for 8x+ and 8C+

If necessary, Master and Mixed crews can be asked to start in the first heat

5:00pm – Awards Ceremony

Sunday 1 March 2020
Waggelwater Cup

10:30am – Heat 1

Senior, Students and Junior Head Race

4x-, 4x+, 4- single start

Master, Recreational & Mixed Handicap Head Race

Master & Recreational 2x, 2-, 2+, 1x – Open C2x, C1x – single start

1:30pm – Heat 2

Senior, Students and Junior Head Race

2x, 2-, and 1x – single start

Master, Recreational & Mixed Handicap Head Race

Master & Recreational 4x-, 4x+, 4-, 4+ – Open C4x+, C4+ single start

3:00pm – Awards Ceremony

**All races are over a 5000 meters race course on the Ostende-Bruges Canal
between Nieuwege Bridge and the KRB Club House.**

The above-mentioned timings could be subject to changes after the drawing of starting order in function of the registrations. Consult our website www.bruggeboatrace.be for complete and latest information.

Summary Instructions for Rowers and coxwains

(full detailed race rules on www.bruggeboatrace.be – race rules page)

- A pre-race briefing is held in the Clubhouse before the races to review and explain the race rules and instructions. Attendance is compulsory for all coxswains and strokes
- All races are rowed according to the 'Brugge Boat Race' race rules, in addition to the FISA and the KBR (Royal Belgian Rowing Association) regulations.
- Teams must be ready to embark 90 minutes before the start of their race. Embarkation is done by order of bow number, in reverse order, under the direction and instructions of the marshals and the umpire.
- The boats have to row up to the starting zone at Nieuwege Bridge.
- The pre-start will be given from Nieuwege Bridge (before the starting line).
- Marshals assist the umpires during the race. Marshals supervise the correct implementation of the 'Brugge Boat Race' regulations. Their instructions must be followed at all times.
- Failure to observe by marshals' or umpires' instructions may result in time penalties or even disqualification. This is the exclusive responsibility of the jury.

Saturday

- The start will be a "flying start".
- When reaching the Assistant Starter the two boats must come to stand still next to each other in their assigned lanes.
- Every minute the Assistant Starter will give clearance to two boats to approach the starting line
- The time measurement is started for each boat individually as they cross the starting line.
- The eights have to stay in their lane until they have passed the first bend (after 400 meter).

Sunday

- The start will be a "flying start".
- At the prestart the boats will lie still.
- Every 15 seconds a boat will start on sign of the Assistant Starter.
- The time measurement is started for each boat individually as they cross the starting line.
- There will be a 10 minute interval between the start of the last boat of the 4x-, 4x+, 4- (senior, students and juniors) and the start of the first of the 2 x, 2-, 2+, 1x (master, recreational and mixed).

Registration

By preference, register online using the [registrations page](http://www.bruggeboatrace.be) on www.bruggeboatrace.be

Registration deadline:	Friday 14 February 2020 – 6:00pm
Drawing of starting order:	Sunday 23 February 2020 – 7:00pm Koninklijke Roeivereniging Brugge Club House Waggelwater 4, Sint Andries-Brugge
Withdrawals:	no later than 23 February 2020 – 6:00pm

Complete your registration with following data for each entry:

- Name + first name + year of birth of all crew members (including coxswains) + licence number for Belgian rowers
- for coxed eight: provide best time over 5000meter in neutral conditions - these best times will be used to match teams for the board-to-board races.

Mail-in registrations to

- Koninklijke Roeivereniging Brugge (KRBrugge)
- Waggelwater 4, BE-8200 Sint Andries-Brugge, België
- email : info@bruggeboatrace.be

Registration fee:

seniors & juniors

5.00 € per seat

masters

10.00 € per seat

Handicap ratings

Age factor per categorie		
Category	age	factor
Master A	27+	0,991
Master B	36+	0,977
Master C	43+	0,961
Master D	50+	0,944
Master E	55+	0,927
Master F	60+	0,906
Master G	65+	0,878
Master H	70+	0,841
Master I	75+	0,793
Master J	80+	0,743
Master K	83+	0,698
Master L	86+	0,644
Master M	89+	0,582

Boat factor Saturday	
boat type	factor
8+	1,206
8X+	1,244
C8+	1,13
C8*	1,175

Gender	
M	1
W	0,9

Boat factor Sunday	
boat type	factor
1x	1
2+	0,985
2-	1,039
2x	1,076
4+	1,094
4-	1,122
4X+	1,13
4x	1,164
C1x	0,9
C2+	0,886
C2-	0,927
C2X+	0,921
C2x	0,964
C3X+	0,99
C3x	1,04
C4+	1,035
C4*	1,076

Brugge Boat Race

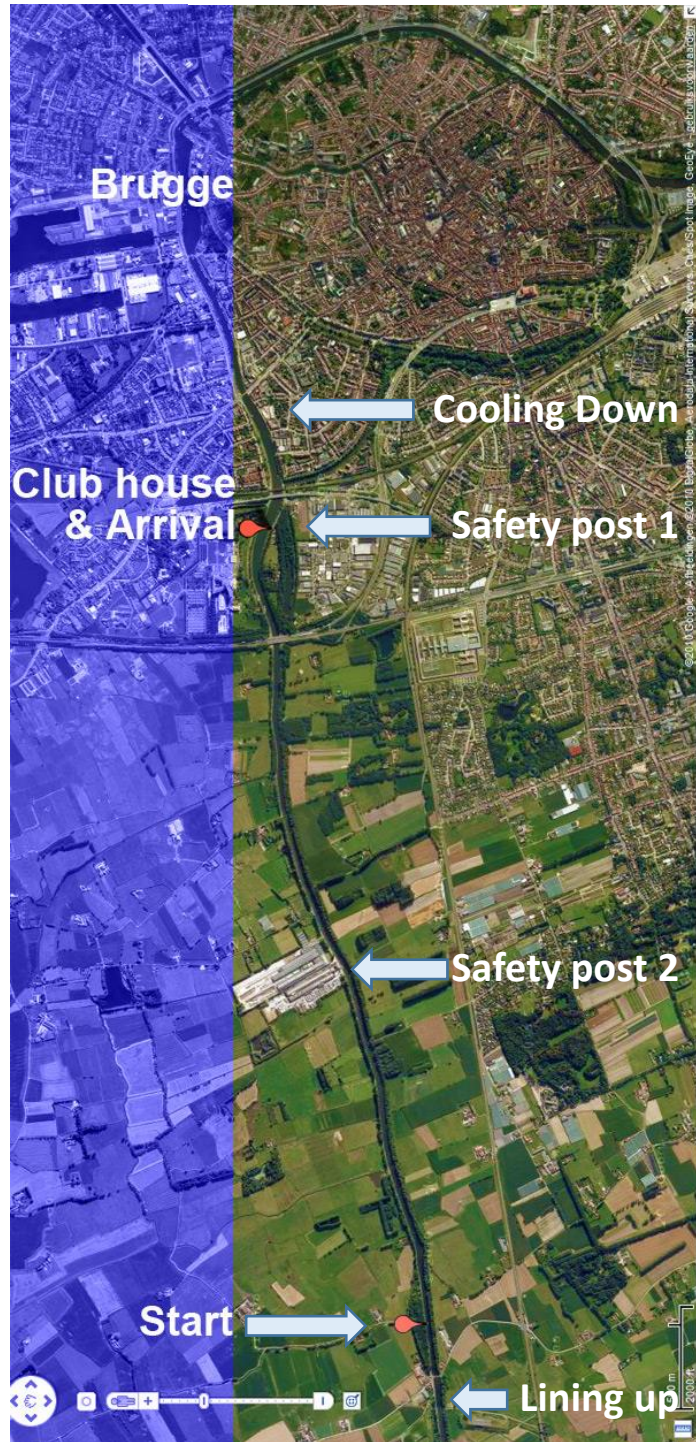


Koninklijke
Roeivereniging
Brugge



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www.bruggeboatrace.be