

# AMBLESIDE SPORTS, THURSDAY 28th July 2016

## ENTRY FORM FOR HANDICAPPED TRACK EVENTS

England Athletic Rules Apply

Pre-entry Closing date for Entries 25<sup>th</sup> July

### PRIZE MONEY:

| <b>Senior Track Event</b> | <b>1<sup>st</sup></b> | <b>2<sup>nd</sup></b> | <b>3<sup>rd</sup></b> | <b>4<sup>th</sup></b> | <b>5<sup>th</sup></b> | <b>6<sup>th</sup></b> |
|---------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 90m Handicap              | Trophy + £100         | £50                   | £25                   | £15                   |                       |                       |
| 200m Handicap             | Trophy + £100         | £50                   | £25                   | £15                   |                       |                       |
| 400m Handicap             | Trophy + £100         | £50                   | £25                   | £15                   | ---                   | ---                   |
| 800 m Handicap            | Trophy + £100         | £50                   | £25                   | £15                   | ---                   | ---                   |
| 1600 m Handicap           | Trophy + £100         | £50                   | £25                   | £15                   | ---                   | ---                   |

  

| <b>U17 Track Events</b> | <b>1<sup>st</sup></b> | <b>2<sup>nd</sup></b> | <b>3<sup>rd</sup></b> | <b>4<sup>th</sup></b> | <b>5<sup>th</sup></b> | <b>6<sup>th</sup></b> |
|-------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 90m Handicap            | Trophy + £40          | £20                   | £10                   | £5                    | £5                    | £5                    |
| 200m Handicap           | Trophy + £40          | £20                   | £10                   | £5                    | £5                    | £5                    |
| 400m Handicap           | Trophy + £40          | £20                   | £10                   | £5                    | ---                   | ---                   |
| 800m Handicap           | Trophy + £40          | £20                   | £10                   | £5                    | ---                   | ---                   |

Name.....D.O.B.....

Address.....

.....Post Code.....

Telephone.....Email.....

### PERSONAL BEST TIME OVER DISTANCE(S) NEAREST TO THOSE ENTERED

| Date  | Distance | Time  | Date  | Distance | Time  |
|-------|----------|-------|-------|----------|-------|
| ..... | .....    | ..... | ..... | .....    | ..... |
| ..... | .....    | ..... | ..... | .....    | ..... |
| ..... | .....    | ..... | ..... | .....    | ..... |

### LAST THREE COMPETITIVE RUNS

| TIME   | DISTANCE | VENUE & DATE |
|--------|----------|--------------|
| 1..... | .....    | .....        |
| 2..... | .....    | .....        |
| 3..... | .....    | .....        |

Please enter me for the following events:- .....

Signed:

#### First Race at Noon

Entry fee :- **Seniors:** £6.00 (Covers 2 events, additional events £2 per event).

**Youths:** U17 £3.00 (Covers 2 events, additional events £1 per event).

Cheques / P.O payable to "Mr D. Campbell " **To: 4, Paxton Crescent, Lockgelly, Fife, KY5 9ET.**

Please include stamped addressed envelope for complimentary ticket.

Entries will also be taken on the day closing times 90 & 800 metre @ 12.00 noon, 200 metre @ 1.30PM. 400 & 1600m @ 3.30pm. Entry fee :- Senior: £3 per event, Youth (U17): £2 per event.